



Beaver County Behavioral Health is pleased to sponsor...

# Mental Health First Aid Training

**NAMI Beaver County**  
1229 Third St.  
Beaver, PA 15009

**October 20, 2014**  
8:30am – 4:30pm

Mental Health First Aid (MHFA) is an interactive 8-hour certification course that introduces participants to risk factors, warning signs, impacts of mental health problems, and overviews of common treatments. Participants learn a five-step action plan encompassing the skills, resources, and knowledge to help an individual in a psychiatric crisis connect with appropriate professional, social, and self-help care.

The course also helps participants learn the prevalence of various mental health disorders in the United States. MHFA is designed to fight stigma associated with mental illness and to address the real desire to help someone who is struggling.

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## Registration Form: Mental Health First Aid

This training *is FREE* of charge, but pre-registration is required.

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Work Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Return the completed registration form by e-mail: [jennifer@etc-pa.com](mailto:jennifer@etc-pa.com) or fax: 412-244-1244

Registration begins at 8:00 am. Lunch is on your own.

Education & Training Consultants, LLC  
251 Woodside Road  
Pittsburgh, PA 15221  
412-244-1244